

Directions for Sewing Stoles

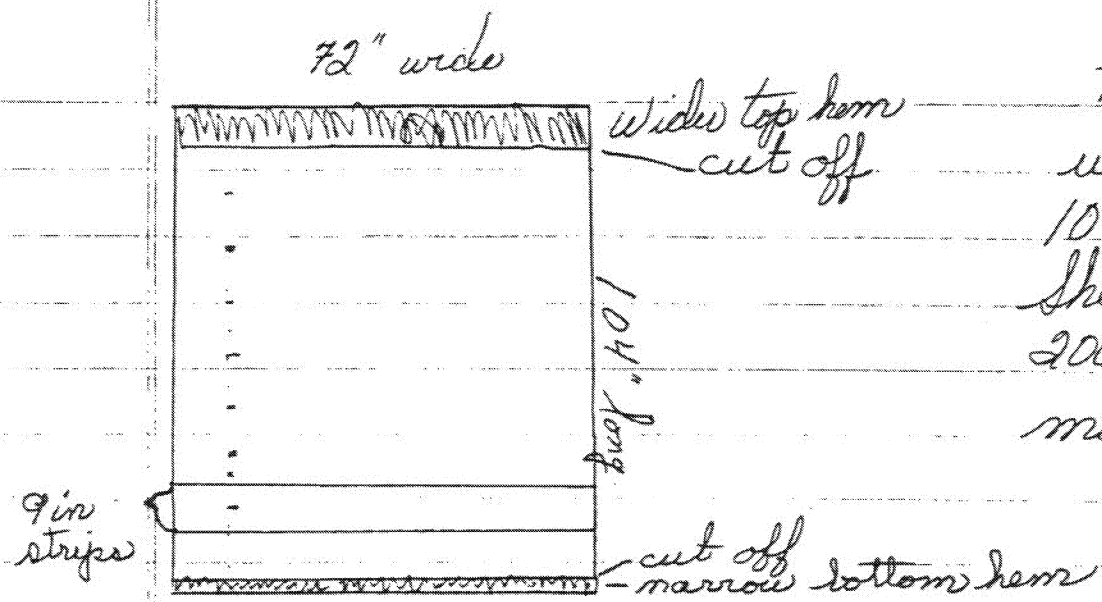
For Use for Residents Encounter Christ (REC) Retreats in Prison

1. Use only **white, twin size, flat** sheets. Sheets should be at least 200-count percale, muslin or polyester. Each sheet will make 10 stoles.
2. Lay sheet out flat 72 inches wide by 104 inches long and cut off top hem (wider of the two) and cut off narrow bottom hem as well.
3. After removing hems, cut the sheet the narrow way into 10 strips approximately 9 inches wide. You can rip the strips. It is messier but faster.
4. Fold the strips in half the long way. Once folded, each strip will measure 4 ½ inches wide by 72 inches long.
5. Sew ½ inch seam at both ends and approximately 35 inches from each corner/end, leaving a center opening unstitched.
6. Press each strip and turn through the center opening.
7. Press and sew the opening closed. This may be done on the machine, or by hand.

(See the diagram on the next page.)

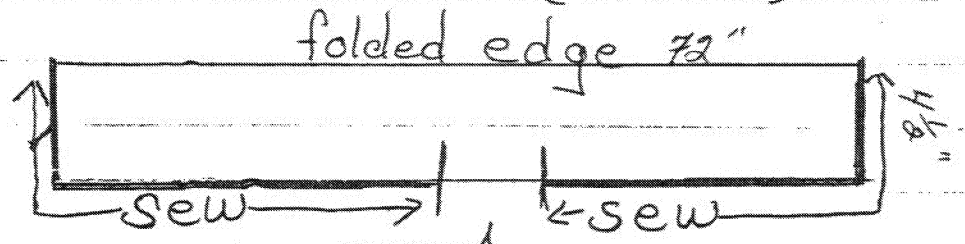
White

Twin flat sheet
will give you
10 stores.
sheets should be
200 Count Percale/
muslin or Poly



After removing hems cut the sheet the narrow way into 10 strips approximate by 9" wide. (I rip which is messier, but faster). Fold strips the long way.

sew as indicated (1/2" seam)



Turn through center opening.
Press and sew opening closed.
May be done on the machine
or by hand.